

## Precious Mantra Caps

### Some of the Benefits of these Precious Mantras

Just by wearing this hat when you go out in public, not only when you play golf but anywhere, in the street, on the beach, in the market, where many people are shopping—anywhere that animals or people can see you—you are liberating others.

If any flies or other insects go under or around your hat (with mantras on), or maybe a person walks around you on the way to another shop, all the time you are liberating so many sentient beings who are suffering. Now you are bringing them to enlightenment. It enlightens even the flies.

OM HANU PHASHA BHARA HE YE SWAHA  
ॐ ननु षशा भरा हे ये स्वाहा

•Merely seeing this mantra purifies 100,000 eons of negative karma - this is said by Buddha in the Sutra *Pagpa Chulung Rolpay Do*

Lotus Pinnacle of Amoghapasha  
OM PADMO USHNISHA VIMALE HUM PHAT  
ॐ पद्म उष्णिषा विमले हुं धवल

- Whoever sees, hears, remembers or touches this mantra will be purified of all negativities and gain freedom from rebirth in the lower realms - from the *Ksitigarbha Dasacakra Sutra*
- Recalling this mantra just once has the power to purify even the five uninterrupted negative karmas. It prevents rebirth in Avici, the heaviest of hells.
- Any sentient being who goes underneath this mantra purifies 1000 eons of negative karma.

Chenrezig Mantra  
OM MANI PADME HUM  
ॐ मणि पद्मे हुं

OM MANI PADME HUM is the mantra of Compassionate Eye-looking Buddha who is the embodiment of all the buddhas' compassion. This mantra is to develop compassion, which is the most precious wish-fulfiller of all your happiness, including liberation from the oceans of samsaric suffering up to full enlightenment, the peerless happiness. You, the one person, by generating compassion can liberate all suffering sentient beings, equaling limitless sky, from the oceans of samsara suffering and bring them to full enlightenment, the peerless happiness; fulfilling all the wishes and happiness of each sentient being. Just by seeing this mantra you will become enlightened.

- Reciting just once completely purifies very heavy negative karma, such as the four defeats of breaking the four root vows of self-liberation and the five uninterrupted negative karmas.
- Reciting this mantra you achieve the four qualities of being born in the Amitabha Buddha pure land or as a happy transmigratory being. Up to seven generations of that person's descendants won't get reborn in the lower realms.
- Just by seeing this mantra on the hat you will become enlightened

AH AAH SHA SA MA HA  
ॐ अं आं शं सं मं हं